Count Me In JoCo
Everyone counts for the 2020 Census.

LET’S ALL COUNT IN THE 2020 CENSUS!

Participate:
• Online (new!)
• By mail

2020 Census
All residents count in Johnson County

Digital exhibit details women’s right to vote
19th Amendment marks 100th birthday in 2020.
Page 5

Development begins for new county park
Cedar Niles Park to open next year in west Olathe.
Page 14

Health improvement a step at a time
Walk KS program begins in March, ends in May.
Page 26
Friends of Johnson County Library sponsors book sale

The Friends of Johnson County Library has scheduled a Cabin Fever Book Sale from March 12-14 at the Central Resource Library, 9875 West 87th St., Overland Park.

Sale hours are:
- 9 a.m. to 7:30 p.m. - Thursday, March 12,
- 9 a.m. to 5:30 p.m. - Friday, March 13,
- 9 a.m. to 3 p.m. - Saturday, March 14.

Thousands of gently-read books seek new home libraries for bedtime stories and Snow Day cuddling.

Most items are 50 cents to $2. Cash, checks and credit cards are accepted.

SHICK seeks additional volunteers

Johnson County’s Senior Health Insurance Counseling for Kansas (SHICK) needs volunteers. The program educates the public and assists consumers on topics related to Medicare and health insurance so they can make informed decisions.

Sponsored by East Central Kansas Area Agency on Aging and the Johnson County K-State Research and Extension Office, the requirements to become a SHICK volunteer are simple: volunteers should enjoy helping others and be comfortable using a computer.

Training is online and in-person on an annual basis. Days, locations and hours are flexible.

More information about becoming a SHICK volunteer is available at jocolibrary.org/friends.

RSVP for Monthly Open House, 3rd Tuesday Mornings • 913-403-8200

It’s Not the Years, It’s How You Live Them

Stop by and check the convenient lifestyle, unique ambiance and exceptional living experience.

Mission Square offers the best value for Active Senior Living in the area, come see why!
Mon-Thurs 9AM-5PM, Fri 9AM-4PM

Heated Garage, Social Activities

Chef Prepared Meal Options, All Basic Utilities Included

Essential Transportation Available

RSVP is required online at johnson.ksu.edu or call 913-715-7000.

Mission Square

Independent living designed just for you!

Monthly Open House
3rd Tuesday
10am or 11:30am by appt.

Bring Your Appetite
& Your Curiosity

Join us tableside, and get to know our Executive Chef and culinary team. Our Sensations dining experience is one of the many features of our community that makes our residents feel right at home. Using only the freshest ingredients, our culinary team create mouthwatering entrees, side dishes, and desserts that are always delicious!

Our Sensations Dining Features:

- Chef-Prepared Meals, Made from Scratch Daily
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- Down-home Dishes and Local Favorites
- Large Menu Selection Plus Daily Specials
- Fresh, Locally Sourced Meats and Produce
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Call 913.738.4969 To Schedule A FREE Lunch & Tour!

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Active Independent Living

THE WELSTONE™
At Mission Crossing
By Discovery Senior Living

March-April 2020
Walking is America’s number one form of exercise for a good reason.

In fact, walking offers tremendous health benefits. It’s your opportunity to stay and remain active, control your weight, lower your blood pressure and mood and stress levels at any age. To be honest, you can’t afford not to walk! Even short periods of exercise—physical activity or walking—short distances make a difference. Every little bit helps and is as simple as a walk in Johnson County’s or local city parks.

There are countless benefits to exercise, no matter what age. A Chinese proverb says a journey always begins with a single step. The path to better health is a single step at a time.

Many studies point out how exercise is important for the mind and body of older adults. Exercise has been proven to help prevent dementia and keep the mind sharp, reduce depression, contribute to cardiovascular and muscular health, and maintain a healthy body weight.

Yet, studies also show that in populations age 75 and older, one in three men and one in two women engage in no physical activity. The Centers for Disease Control and Prevention recommends two and a half hours of moderate exercise a week. That may seem like a lot, but as the saying goes: slow and steady wins the race. The tortoise did win!

Walking is the easiest exercise to do, especially on a daily or regular basis. Walking is a low-impact, safe method to get your heart pumping daily. It can be hard to start a new routine, especially if you feel achy, tired or perhaps OLD(!), but the benefit of exercise, such as walking, every day, is better than none.

The Johnson County park system has approximately 87 miles of walking trails. The Park & Recreation District also has several programs to help aging adults begin an exercising/walking routine as an individual or with others by putting one foot in front of the other for good fun and better health.

There are a few step-by-step opportunities outdoors and indoors in early spring.

Two of the district’s facilities have free indoor walking for residents to talk while they walk or walk while they talk with new people, good friends or other walkers. Participants can walk Monday through Friday between 8 - 10 a.m. at Okun Fieldhouse, Shawnee, and 8 - noon at the New Century Fieldhouse near Gardner.

A new outdoor walking club starts at 8 a.m. Monday, March 2, for social walks along the Gary L. Haller Trail. The group will meet every Monday morning for 10 weeks at different trailheads along the more than 17-mile trail. Every other week will be guided by staff. Cost, including a t-shirt, is $20 for residents; $22 for nonresidents.

Get out of town for the Spring Strolling trip that departs from Antioch Park, at 9 a.m. Wednesday, March 11, taking walkers to Krug Park in St. Joseph, and to the Burr Oak Woods Conservation Area in Blue Springs on Wednesday, April 25. Cost is $20 for residents; $22 for nonresidents.

For the more adventurous walker, head to Loess Bluffs National Wildlife Refuge near Mound City, Missouri on Wednesday, March 25, and to the Republican River in Junction City on Wednesday, April 8. Cost is $28 for Johnson County residents; $31 for nonresidents. Both trips depart at 8 a.m. on their dates from Antioch Park, 6501 Antioch Road, Merriam.

The 50 Plus Department can provide more details by calling 913-826-2975.

Walk KS is another program that urges individuals and teams to get started and to get going in participating in an eight-week challenge, starting March 15. See article on page 26.

The bottom line is this: Get off your bottom, whenever possible, and move.

The local park system is senior friendly and it’s never too late to be in years of age or free time at hand in retirement, to enjoy a friendly and healthy walk along, as a couple or with family members, friends and even pets, dear to you.

To age well, walk.
Good question, good answer

Question: Can you share what the Johnson County Commission on Aging is, how it relates to the Johnson County Board of County Commissioners (BOCC) and how it works?

Answer: Commission on Aging Role, Membership
The Commission on Aging, or COA, is an advisory board for the Johnson County Area Agency on Aging. The COA is a group of county volunteers appointed by the BOCC to provide information, guidance and support to the Johnson County Area Agency on Aging (AAA) and to be a liaison to the BOCC concerning the needs of older county residents. COA has 15 membership seats each directly appointed by county commissioners.

History, Legislative Mandate

As a requirement of the federal Older Americans Act, each Area Agency on Aging is required to have an advisory board. COA, which serves as Johnson County’s advisory board, was created in 1979 to help the AAA determine the needs of older adults in the community, then plan and advocate for the best ways to meet those needs. Services and support for older Americans has a long history, beginning with the Social Security Act of 1935. President Dwight Eisenhower created a Federal Council on Aging and convened the first White House Conference on Aging in 1961. The foundation for today’s strong aging network is the Older Americans Act signed by President Lyndon B. Johnson in 1965.

In 1973, the Older Americans Act was amended so each state had local service areas, or Area Agencies on Aging, based on its population of older adults. The Johnson County AAA and its advisory board, the COA was created in 1978.

Meetings, Committee Work
The COA meets in a business session from 9 to 10 a.m. the second Wednesday of each month, typically in the Johnson County Sunset Office Building, 11811 South Sunset Drive, Olathe. The meetings are open to the public and meeting time and location are announced in The Best Times.

The executive committee sets the agenda for the monthly business meeting and the Commission of the Whole listens to county, AAA and committee reports, before discussing and prioritizing aging issues and initiatives. Commission members often conduct community presentations and present testimony at hearing of the Kansas Legislature in Topeka on issues of importance to older adults.

For more information about the COA, please call 913-715-8860.

The Johnson County Area Agency on Aging

Everyone loves CHAMPSS!

The Johnson County Area Agency on Aging (AAA) started the CHAMPSS program in 2008 as an alternative nutrition program to provide meals for senior adults at certain Hy-Vee dining centers in Johnson County.

In addition to meals that are served at the six senior neighborhood centers, nutritious dietitian-approved meals that meet a third of daily nutritional requirements are also available at six Hy-Vee dining centers.

The CHAMPSS program offers the benefits of a bright and cheery environment in an intergenerational setting, where senior adults can enjoy a meal at a time that meets their schedule or pair their meal with shopping and household errands.

With 2,200 active participants, CHAMPSS has been successful and replicated by many AAAs and nutrition program providers across the country.

Here are some frequently asked questions about CHAMPSS:

2. How can someone sign up for the CHAMPSS program? Participants will need to attend a CHAMPSS enrollment session. To reserve a spot at the session, call 913-715-8894.
3. Where can participants get a CHAMPSS meal? Once enrolled in the program, participants can get their CHAMPSS meals at participating Johnson County Hy-Vee stores.
4. How much are the CHAMPSS meals? The suggested donation per meal is $4. No one is denied service due to inability to donate. Donations help to pay Hy-Vee for CHAMPSS meals.
5. What meals are available in the CHAMPSS program? Participants can get breakfast, lunch or dinner (one meal per day.) CHAMPSS meals are available at participating Hy-Vee dining centers seven days a week from 8 a.m. to 7 p.m.
6. How are donations accepted for meals? The program accepts cash, check or credit cards. More details on the donation process will be available at the enrollment session.
7. What are the eligibility requirements? Individuals must be age 60 or older or married to someone age 60-plus.
8. Is this a government program? CHAMPSS funding is provided through the Older Americans Act, federally funded for adult seniors, who are 60 and older.
9. Does a beverage come with the meal? Yes, participants can choose white or chocolate milk.
10. What about having a soft drink or coffee with the meal? Since it’s not part of the CHAMPSS program, there is a cost for these drinks.

Nutritional requirements are provided by certain Hy-Vee dining centers.

On the Menu

Healthy Appetizing Meal Program

The CHAMPSS program offers a nutritious, calorie-controlled dietetic meal for $4 per meal. Meals are available at participating Hy-Vees seven days a week from 8 a.m. to 7 p.m.

Dinner

• 3 1/2 oz. grilled chicken breast with garlic pepper
• 4 oz. broccoli and fresh mixed veggies
• Light vegetable broth
• Sliced banana with 3 oz. of chocolate milk

Breakfast

• 2 eggs
• Sautéed potatoes
• Sliced banana with 3 oz. of chocolate milk

Lunch

• Ham or Turkey roll-ups with cream cheese
• Fresh mixed veggies and green salad
• Light vegetable broth
• Sliced banana with 3 oz. of chocolate milk

Snack

• Sliced banana with 3 oz. of chocolate milk

Healthy Appetizing Meal Program Information

Participating Hy-Vees in Johnson County are available at participating Hy-Vee dining centers.

There is a cost for these drinks.

On the Menu

Healthy Appetizing Meal Program

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Healthy Appetizing Meal Program Information

Participating Hy-Vees in Johnson County are available at participating Hy-Vee dining centers.

There is a cost for these drinks.
There was warning and it worked

Tornado Termiology

Tornado Watch – Weather conditions are favorable to the formation of severe thunderstorms, including tornadoes. Tornado Watches are issued by the National Weather Service to inform the public of the increased risk of tornadoes. Typically, these watches are in effect for several hours, but may extend over a period of several days.

Tornado Warning – A tornado has been spotted or indicated by weather radar, observed by a trained spotter, or reported by a weather observer. Tornado Warnings are issued to warn of an imminent danger to life and property. People are advised to take action immediately to protect themselves and their property.

Tornado Emergency – A tornado warning or indication has been issued for a severe threat to human life and property. A tornado emergency is issued to warn of an extremely dangerous situation. People are urged to take action immediately to protect themselves and their property.

Day 1: On the day of expected severe weather, there are numerous things you can do to stay weather aware! You need to stay up to date with what to expect; in addition to watching the morning weather forecast, also check for weather updates on social media and other sources.

Day 2: The day before severe weather is expected is a key time to increase your preparedness. One simple step to take could be to make sure your severe weather safe place is easily accessible and has all the supplies you expect. Have plans outside? It’s definitely time to reconsider!

Day 3: Planning something big. What’s your response should be if severe weather threatens.

Wednesday, March 11 • 2 p.m. • Organizing for safety and fall prevention
Join the Organizer Chicks as they present a workshop about organization and home functionality for safety and fall prevention while taking caution to prevent injury.

Tuesday, March 24 • 4-6 p.m. • Happy hour
Join us for a wine and cheese happy hour event. While visiting, we invite you to tour our available villas and senior living apartments. We’d love to share how you can take advantage of our move-in incentives and save throughout your first year at Cedar Lake Village!

Wednesday, April 8 • 2 p.m. • Healthy living for brain and body
Join a speaker from the Alzheimer’s Association to learn more about taking care of your body and brain as you age. Tips and information from the latest research will be shared to learn more about how physical health can improve your health and well being and prevent diseases, such as Alzheimer’s disease or dementia.

To learn more or RSVP for any of these events, please call (913) 780-9916.
延伸连接

特色花园之旅

By Dennis Patton

A

dmit it. There is a little voyeur in all of us. We cannot seem to look away. Good thing for gardeners of all interest levels, there is an event where voyeurism is encouraged. The Johnson County Extension Master Gardeners biennial garden tour on May 15-16 is made for looking.

A garden tour is your chance to step into the gardens of your neighbors, discovering ideas, inspiration and enjoyment. A tour ticket provides access to learn from the best and most talented gardeners. The gardens selected will showcase a variety of styles, plant materials and creativity.

The 2020 tour features five gardens located with miles of each other in Johnson County. The Faulkner garden overflows with imagination and creativity. As a professional artist, the gardener paints artistically on canvases. Outside, she paints with plants, sculptures and the land to create a masterpiece.

The large corner lot is packed full of perennials, annuals and vegetables along with an eclectic array of masterfully arranged antiques, structures and containers to make this landscape pop with personality.

They say opposites attract and the Reichel garden is the opposite of the Faulkner’s. This garden is formal. Stroll peacefully along a highly manicured boxwood lined walkway. The garden is secluded from neighbors by a sheared row of hornbeam, repeating the formality in the garden.

If you think formal gardens are not your style, think again. The formal structure of the landscape is offset by the couple’s hobbies shine with their own “be” and “she.” His is used for metal work and hers is used to feed her passion for gardening. It might be hard to leave as the covered patio and secluded fire pit may call you to linger a bit longer.

Our Extension Master Gardeners have put their creative energy to work in the garden boutique. Back by popular demand are hand-cast concrete leaves and steppingstones. New this year are playful fairy cottages, mosaic birdhouses and natives provide something new to catch your eye with every step.

Back up to a peaceful lake is the Pedley garden. Tucked away from the fast pace of life, this garden is packed with thoughtfully placed plants, each playing a specific role. Strolling thru the garden, you quickly learn how to take advantage of the microclimates created by sun and shade patterns.

The view to behold is in the back. A well-designed water feature blends into the land. The shoreline of the pond will coax you to jump in a boat or grab a fishing pole – just like the owners do when spending time with their grandkids.

Lastly, the Householder garden is in a country setting. Situated on over an acre, they transformed the property to claim it as their retreat. There is too much packed into this landscape.Numerous perennials, a large vegetable garden, water garden and the covered terrace provide something new to catch your eye with every step.

The couple’s hobbies shine with their own “be” and “she.” His is used for metal work and hers is used to feed her passion for gardening. It might be hard to leave as the covered patio and secluded fire pit may call you to linger a bit longer.

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Your Chairman

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Johnson County lists legislative priorities

By Theresa Freed

Each year, the Johnson County Board of County Commissioners develops a legislative platform – both at the state and federal level.

These are priority areas of focus that support county core principals that promote stable funding, preserve decision-making at the appropriate levels and remove barriers to efficient and effective access to services.

In a recent JoCo on the Go podcast episode, BOCC Chairman Ed Eilert shared how the platform is selected. Among the priorities is Medicaid expansion.

“All of the work we do is non-partisan. And, of course, that’s included in the governor’s plan,” Chairman Eilert said.

“We’ve had that on our list for a couple of years. We provide a significant amount of uncompensated services in mental health, public health and MED-ACT services that local taxpayers have to pay for. And with Medicaid expansion, we could reduce that local contribution.”

Legislative platform items include:

- Mental health funding.
- Medicaid expansion.
- Collection of Compensating Use Tax.
- Property tax relief for low-income seniors.
- Comprehensive Transportation Plan funding.

The chairman said he works with a legislative consultant to actively monitor the daily happenings at the statehouse, in Topeka. The consultant’s staff monitors committee hearings that might be of interest to Johnson County. Testimony is also submitted, both written and oral, on bills related to the legislative platform.

On the federal level, Johnson County stays in close contact with elected officials in Washington, D.C.

“We also work through the National Association of Counties, which has a presence in Washington, D.C. and represents counties on many issues,” Chairman Eilert said.

Read the 2020 Legislative Platform at jocogov.org/dept/county-manager-of- office/legislative-agendas.

State of the County set March 24

By Ed Eilert

Each year, the Johnson County Board of Commissioners will present its 2020 State of County Address on Tuesday, March 24, at the Olathe Conference Center, 10401 South Ridgeview Road.

The event, which is co-sponsored by the Johnson County Public Policy Council, will begin with registration at 11:30 a.m. Luncheon will be served at noon with the program and State of County Address to follow.

Eilert will serve as the at-large chairman of the Board of County Commissioners since 2010.

Tickets to the 2020 State of the County program are available by contacting local Chamber of Commerce offices or the Olathe Chamber of Commerce, host organizer for the event, at 913-782-1050.

The weekly public business sessions of the Johnson County Board of County Commissioners begin at 9:30 a.m. on Thursdays in the Johnson County Administration Building, 111 S. Cherry Street, in downtown Olathe. Live coverage of the meetings is viewable on the Internet through the county’s main website, jocogov.org.
By Christopher Leitch

Health and Environment, Park & Recreation, Mental Health Center, and the Sheriff’s Office, to name a few departments, are all part of Johnson County Government which provide a support or service that improves the quality of life for residents throughout the county.

Johnson County Library is also among the list, one of the most visited of public services.

The library system will present a special series in March and April for residents to learn about county departments and agencies, along with information about the services and programs they provide. County employees will share how their departments/agencies work to make the communities a better place to live, serve and protect residents.

Each interactive presentation will last about 90 minutes. The format may vary, based upon the work the presenters perform. These events are free and open to the public.

The special series is designed to raise awareness among residents and library users about how their county government ensures Johnson County remains a great community for all ages.

Presentations include:

**Monday, April 6**
6 – 7:30 p.m.
Antioch Library
8700 Shawnee Mission Parkway
Merriam
Johnson County Mental Health Center presented by Kelsey Coleman.

The Mental Health Center provides a wide range of mental health and substance use services. These services include case management, therapy, mental health medication, a 24/7 crisis line, mental health co-responders with law enforcement and schools, residential drug treatment for youth, prevention programming and more.

Department of Health and Environment presented by Kira King and Craig Wood.

Presenters will provide information about food waste and composting in local communities along with the department’s new data storytelling tool (HealthHappensHereJoCo.com) that provides information about the most recent community health assessment.

DHE also offers a spring and summer series of smoking cessation drop-in clinics.

Smoking is the leading cause of preventable death in the United States. The clinics inform residents about the risks of smoking, offer advice about how to quit and help residents meet personal goals.

The tobacco dependence counseling is provided during a one-on-one meeting with a certified tobacco treatment specialist. No appointment is required: First come, first served.

Clinics will take place:
- **Tuesdays, March 3 – April 28**
  10 – 11 a.m.
- **Central Resource Library**
  Study Room 13
  9875 West 117th St.
  Overland Park

Christopher Leitch is community relations coordinator at Johnson County Library.

**Monday, April 20**
6 – 7:30 p.m.
Blue Valley Library
9000 West 151st St.
Overland Park

Daytrip visits Oz Museum in Wamego

A daytrip on Friday, April 27, Heads to Wamego, Kansas starting with a guided tour of the historic Columbian Theatre, home to an exhibition of rare paintings from the 1893 Chicago World’s Fair.

The next stop will be at the Oz Museum with more than 2,000 items on exhibit from the classic film, The Wizard of Oz. The museum features memory-filled collectibles, movie props, era interpretations and a gift shop.

Lunch will be at the 4th and Elm Bar and Grill followed by a visit to the Friendship House, offering fresh baked goods.

The final stop of the day will be a self-guided tour of the Prairie Museum and Village. Guides will be on the grounds at the museum to answer any questions.

The daytrip departs at 8 a.m. from Antioch Park, 6501 Antioch, Merriam, with an expected return by 6:15 p.m.

The cost, including lunch, is $84 per person. Pre-registration is required by calling 913-831-3359 or visiting jcprd.com.

So much to do. So much to enjoy.

Feel energized and inspired by the active retirement lifestyle at Lakeview Village.

It’s easy to take advantage of the life-enhancing activities available to you at Lakeview Village in Lenexa. There’s everything from education and exercise, to art and entertainment. Better yet, you’ll share the fun with friendly neighbors who put a smile on your face every day.

Plus, Lakeview Village offers you distinct advantages as the only Life Plan Community in Johnson County offering true LifeCare®.

Call 913-648-9079 for a personal tour of luxurious villas, garden cottages, and apartment homes.

*Visit our website for full details.
County breaks ground for new park

A groundbreaking ceremony on Feb. 1 signaled the start of the first phase of construction of the Johnson County Park & Recreation District’s future Cedar Niles Park in west Olathe. The 1,030-acre future park property stretches nearly two miles north and south between 119th and 135th streets in Olathe. It is also adjacent to Lake Olathe and the Prairie Center.

Construction of the first phase of development of Cedar Niles Park will focus on about four miles of paved multi-use trails, mostly along Cedar and Little Cedar creeks.

Located in the scenic Cedar Creek Valley, the park site includes several fairly unique natural areas, including beautiful rolling hills and steep slopes, mature oak-hickory forests, a 60-acre, high-quality prairie remnant, several woodland flower areas, a glade containing prickly pear cactus and an area with natively ginger and jack-in-the-pulpit.

The first phase of the park’s development is expected to take about a year to complete.

Three vehicular access points, including the groundbreaking site at 25780 West 135th St. and one bike access point, are planned at Cedar Creek Park.

First phase development at the 135th Street location will also include a playground, shelter and a three-season restroom. Park officials anticipate about seven miles of single-track hiking and mountain bike trails on the northern portion of the park property will also be ready when the park opens. The trail system will extend, perhaps more than double, its mileage in future phases.

The park will have four bridges, including a 200-foot single-span bridge over Cedar Creek, which will become the longest bridge in JCPRD’s park inventory. The project also represents a partnership with the city of Olathe, which has granted an easement across one of its properties for parts of the bike and paved trails. JCPRD will also share resources with the city to eventually build trails south of 143rd Street.

More information about development of Cedar Creek Park is available at jcprd.com/990/Cedar-Niles-Park. 

Workshops to help in chronic disease

A new class starts April 2 and ends May 7 at the Lenexa Senior Center, 13420 Oak St., Lenexa. Class time is 9 - 11:30 a.m. Space is limited. Call 913-477-7134 to register.

Additional CDSME workshops will be coming soon to Johnson County. Email Alison.Wiley@jocogov.org for more information.

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The application process for our buildings couldn’t be easier. Contact us directly and we’ll find out if you qualify and promptly take care of the details, including assistance with the paperwork. If you qualify, you simply move in and begin living anew!

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- Great location
- Rent based on income
- Social events
- No voucher needed

Quality housing that meets your budget, in a safe, secure setting.

Overland Park

Overland Park Apartments
8580 Farley, Overland Park, KS
(913) 341-3113

Santa Fe Tower Apartments
8101 Santa Fe Drive, Overland Park, KS
(913) 642-5995

For more information, visit our websites or contact John Frownfelter at 913-451-1860.
Census 2020 begins with March mailings

By Gerald Hay
April 1 is 2020 Census Day.

The process, which has been building up for more than a year, starts in mid-March when nearly every household in Johnson County will receive an invitation letter urging residents to participate in the 2020 Census. The mailing will take place from March 12-20.

For the first time, residents will be able to respond to the 10 census questions anywhere, anytime — online from any device, by mail or phone, or in person with a U.S. Census Bureau worker.

Census information will be provided in English and 12 other languages, including Spanish, on the phone or online options.

“We’re emphasizing it’s safe, it’s secure and it’s easy,” Steve Hale, senior partnership specialist for the Census Bureau, said.

Following the first mailing, a reminder letter will be sent to most households between March 16-24. A reminder postcard will be mailed to households that haven’t responded between March 26-April 3.

As a new option, the Census Bureau digitized the 2020 Census to save money. The 2010 Census, which cost $10.2 billion, was the most expensive in history. Taking the 2020 Census online — at least partially — is projected to save an estimated $5.2 billion.

Reaching “hard-to-count” seniors

According to Hale, older Americans (65-plus) are considered a “hard-to-count” segment in population censuses.

“They are more likely to participate based on their acknowledgment of civic and social responsibilities and generally knowing the significance of the census, but their often-changing life situations — ranging from assisted care living, travel, downsizing, living with family, leaving the workforce, etc. — causes them to be at risk of not being included in the decennial count. That is compounded by concern about being targeted by scams and attention being given to security/confidentiality,” he said.

A U.S. Census Bureau survey indicates 56% of those 65 and older aren’t comfortable participating online and have concerns about cybersecurity regarding their information and using modern technology. They prefer to fill out a paper census questionnaire.

Complete Count Committee stakeholders include local members representing county and city governments, chambers of commerce, school districts, law enforcement and non-profit organizations.

Karen Wulfkhuhe, former director of United Community Services (UCS) of Johnson County who chairs the committee, says census participation is important to residents of all ages in Johnson County for many reasons, including voting rights.

“The census is the foundation of our democracy,” she said. “Census data is used in establishing or redrawing future election districts where we vote and who we elect to represent us at all levels of government.”

Census data determines how congressional districts are drawn, how many seats Kansas has in the U.S. House of Representatives, and district boundaries in the Kansas Legislature for both the House and Senate. The population data also is used to review or redraw, if needed, the six districts of the Johnson County Board of County Commissioners.

Determing federal allocations

Participation in the census is important to Johnson County residents of all ages for another important reason: federal funding.

Wulfkhuhe knows first-hand about how the census provides vital information to Congress in determining future federal allocations to support local and state programs and services. She retired in 2016 as UCS executive director after serving at the human service planning agency for 32 years.

According to her, UCS uses census data to track the county’s demographic trends and population changes to help local government and community leaders to address social needs, human services and the most effective ways to deal with social problems, like poverty and a growing older population.

Census population data helps to determine how much federal funding each state and each community receives for virtually everything, including parks, schools, first responders, roads, mass transit, public health, libraries and hospitals.

It will impact federal allocations to the Older American Act III programs, including nutrition and in-home services. It helps to fund programs that aid older adults, like Medicare Part B.

“The Johnson County Area Agency on Aging (AAA) uses census data on a regular basis to estimate future growth patterns and to focus services for individuals with greatest needs,” Dan Goodman, AAA director, said.

Reaching “hard-to-count” minorities

Jim Terrones, chairman of the Olathe Latino Council, a Kansas Human Rights Commissioner and a Complete Count Committee member, knows local Hispanic and Latino households traditionally have been “hard to count” and are at a higher risk of not being fully counted in the 2020 Census.

Hispanic and Latino households along with aging adults are often “hard-to-reach” populations in the census.

Continued to page 18
2020 Census begins with March mailings

Continued from page 17

Hispanic and Latino residents may be reluctant to respond due to concerns about data confidentiality and how the household information is used.

“They don’t often answer the door because they fear you’re with immigration,” he said. “There is always going to be a level of fear. It traditionally is going to be a difficult population to reach.”

The community outreach includes working with local churches, community centers and organizations, including El Centro, to educate and advocate Hispanic and Latino residents by trying to calm any fears and concerns regarding their participation in the 2020 Census.

The U.S. Constitution requires the decennial census to provide an accurate count of all persons living in the United States, regardless of their citizenship status or national origin.

Terrones emphasizes the 2020 Census does not have a question on citizenship, but it does ask the resident’s race and if the resident(s) is of Hispanic, Latino or Spanish origin. The household information is used to create statistics regarding ethnic groups. The data is used to monitor compliance with federal antidiscrimination provisions, such as under the Voting Rights and Civil Rights Acts, and not to solicit immigration status of residents.

“Census information is NOT shared with law enforcement or state and federal governmental agencies, including the IRS and ICE (Immigration and Customs Enforcement) or state and federal governmental agencies, including the IRS and ICE (Immigration and Customs Enforcement).” Terrones said. Hale agreed.

“For 72 years, census information is kept confidential,” he added. “It’s protected by law.”

As required by the United States Constitution, the U.S. Census Bureau-cautions if a resident receives an email that appears bogus: do not reply, do not click on any links or open any attachments. They are asked to forward the questionable email or website URL to mailto:fraud.reporting@census.gov or the county’s website.

Avoiding census scams

As the 2020 Census prepares to get underway, residents are also warned by the Census Bureau about potential scams by tech hack or by crook. There are some things no genuine census survey or census taker will ask residents — for example, for personal information such as Social Security, credit card or bank account numbers. They will not ask for money or donations. Other potential scams may include callers claiming to be with the Census Bureau or phishing emails asking for personal information — usernames, passwords, personal information and financial accounts. The scams often direct residents to a website that looks real, but is fake, and may be infected with malware.

The Census Bureau cautions if a resident receives an email that appears bogus: do not reply, do not click on any links or open any attachments. They are asked to forward the questionable email or website URL to mailto:fraud.reporting@census.gov.

The enumerators will have government badges or lanyards with their name, photo ID and a U.S. Commerce Department watermark as proof of affiliation with the Census Bureau. They will also have an official bag and Census Bureau-issued electronic device, such as a laptop, computer, tablet or smartphone.

If there are any concerns about a census worker’s identity, please call 800-923-8282 to speak with a Census Bureau representative.

Census needs to include children and grandchildren.

Every person, including children and grandchildren, residing in the household needs to be included on the census form in order to be counted. Required information includes names of all residents; relationship of residents to head of household; race, gender, age and birthday of each resident; whether the home is owned or rented; and if residents live at home or stay somewhere else.

“The average time for completing the census form is 10 minutes,” Hale said.

The Census Bureau will only send census takers, also known as enumerators, to follow up in person with households that don’t respond online, by phone or through the paper questionnaire they’ll receive in the mail. They ask residents the same 10 questions that appear on the census form.

Senior Fitness Classes

AdventHealth is delighted to offer therapeutic classes designed to complement your current medical treatment.

For more information or to register, visit AdventHealthKC.com/wellness or call AdventHealth Fitness Center at 913-676-8333.

Classes are held in the AdventHealth Fitness Center, Woodland Hills Building, 7315 E. Frontage Road, Suite 125, Shawnee Mission, KS 66204.
Soap and water help to keep germs away

By Jennifer Dunlay

There’s an old proverb, “An apple a day keeps the doctor away.” However, there is a better, scientifically-proven way to prevent viruses and bacteria from making one sick – washing hands with soap and clean water.

Handwashing is one of the most important steps to take in preventing the flu, a gastrointestinal illness or the common cold and spreading those germs to others in the household or community.

Staying home when sick, covering a cough and sneeze, cleaning frequently touched surfaces and getting a flu shot can also go a long way toward keeping everyone healthy.

Washing hands for 20 seconds with soap and clean, running water (warm or cold) lifts dirt, grease and microbes from skin and nails. No access to soap and water? Use an alcohol-based hand sanitizer with at least 60 percent alcohol. To date, antibiotic resistance will develop. The amount of antibiotics people use and the likelihood that antibiotic resistance develops increases as the length of antibiotic treatment increases. Antibiotics are often prescribed unnecessarily, so washing hands to prevent sickness reduces the amount of antibiotics people use and the likelihood that antibiotic resistance will develop.

Shoppers will be well-advised to bring home more soap than apples the next time they visit the store. Handwashing is a win for everyone, except the germs. 

Jennifer Dunlay is risk communicator at the Johnson County Department of Health and Environment.

Facilities add Silver Sneakers wellness program

Two Johnson County Park & Recreation District fitness facilities recently became locations for the Silver Sneakers® wellness program for adults age 65 and older. The Silver Sneakers® benefit is included with many Medicare Plans.

The facilities are the fitness center on the upper floor of the Mill Creek Activity Center, 6518 Vista Drive, Shawnee, and the fitness room at the Roeland Park Community Center, 4850 Rosewood Drive.

The Mill Creek Activity Center now offers Silver Sneakers® Classic, yoga and circuit classes, which are also free to those with the Silver Sneakers® benefit.

In addition to Silver Sneakers®, both participating JCPRD sites are also accepting Prime Fitness and Fitness Your Way members. Prime Fitness is most commonly made available through an employer health plan and Fitness Your Way is available to members and their dependents over age 18 who have healthcare coverage with a participating Blue365 plan.

Individuals who are interested in utilizing the fitness facilities at the Mill Creek Activity Center or the Roeland Park Community Center through Silver Sneakers® can check their eligibility by visiting tools.silversneakers.com/EligibilityCheckEligibility or by calling 913-826-2950 for Mill Creek or 913-826-3160 for Roeland Park.

Checking eligibility online is easy! Requested information includes name (as it appears on an insurance card), date of birth, zip code and contact information.
Mildale Farm plans activities

The public will have an opportunity to explore and fish at the Johnson County Park & Recreation District’s Mildale Farm, 35250 W. 199th St., Edgerton, during a Spring Community Day set for Saturday, April 25.

The event is scheduled from 9 a.m. to 2 p.m. and will give interested parties access to the 158-acre site. Spring Community Day visitors will be directed to park in the large lot near Mildale Farm’s main barn.

Participants can bring their own bait and tackle and practice catch-and-release fishing in any or all of seven ponds on the property. While district fishing permits have been waived for the event, Kansas residents ages 16 to 64 and non-residents 16 and older need to have a Kansas state fishing license, which will not be sold on-site. Arts and crafts activities for kids will take place in the main barn and visitors can explore and picnic on the grounds.

The centerpiece of the Mildale Farm property, the high-quality equestrian-style barn featuring peg construction and a hand-laid brick floor, will be open.

Restrooms will be available, but the property’s two homes and other outbuildings will not be open.

Rules for the Spring Community Day event will be posted and will be the same as at other district properties. Among them: no alcohol, pets must be on-leash and vehicles must remain on roadways. Park Police will be on hand to enforce these as well as the catch-and-release fishing provision.

More information is available by calling 913-826-2957.

TimberRidge Center sets open house

The TimberRidge Adventure Center Open House, 12300 Homestead Lane, Olathe, will take place from 9 a.m. to 3 p.m. Saturday, April 25.

Activities include free archery, BB gun shooting, boating, climbing, hiking and fishing. Some activities have age minimums or require preregistration.

An open climbing event for interested parties ages 12 and older will be held. Climbers need to pre-register as space is limited and participants are required to complete medical and liability releases prior to participating. Children under the age of 18 must have parent or guardian’s signature.

Climbing enrollment is limited to 40 people. To register, visit JCPRD.com/TRAC.

Talent show seeks acts

The Johnson County Park and Recreation District’s 50 Plus Program is accepting acts now for the Senior Follies show on Saturday, May 9.

Talented groups or one-person acts, ages 50 or older, must sign up by March 27 to be considered.

For more information or to sign up contact Mallory Ozier at mallory.ozier@jocogov.org or call 913-826-2836.

Exhibit showcases McCobb's legacy

Paul McCobb is probably the most-purchased, yet least-well-known Mid-Century Modern designer. His furniture, lamp, carpet, china, radio and other furnishing designs filled millions of American homes. His products were sold at affordable prices in department stores across the nation. McCobb designed for a new, modern American futon.

Opening on April 4, with a public opening reception and presentation on April 9, the Johnson County Museum’s newest special exhibition will be “Paul McCobb: America’s Designer.” The museum is located in the Johnson County Arts & Heritage Center Commons, 8788 Metcalf Ave., Overland Park.

“Paul McCobb designed the modern American interior for young America. His pieces looked as good in New York City high-rise apartments as they did in brand new, suburban Johnson County homes,” said Andrew R. Gustafson, curator of interpretation.

“Paul McCobb: America’s Designer” will be on display in the temporary gallery inside the Johnson County Museum until Aug. 15. The exhibit is included in the price of museum admission.

Admission prices are adult, $6; aging adults, veterans and students over 17, $4; children, $4; and children under 1, free.

The museum will host a series of related programming, starting off with a presentation on April 9 from Samuel Hildreth, a local collector whose McCobb pieces fill the gallery.

Programs about Mid-Century Modern style and interior designs will follow in May and August.

More information is available at JCPRD.com/330/Museum.

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Trucks, big rigs ready to go

Trucks and Big Rigs for Kids (and grandkids) will allow participants of all ages to explore big vehicles and equipment from 10 a.m. to 1 p.m. Saturday, April 11, at the Theatre in the Park area, 7710 Renner Road, of Shawnee Mission Park.

Admission to the event is free.

Participants can explore trucks, tractors, construction and city vehicles up close. They are invited to crawl, climb and sit in the driver’s seat and visit with the real life operators of the vehicles.

The first 150 children (or grandchildren) get a free construction worker hat.

Donations of $10 per vehicle are suggested. Proceeds benefit Johnson County Park & Recreation’s Special Populations/Special Olympics.

Bingo games offer March Madness

“March Madness™” “Dr. Seuss®” and “Van Gogh” are themes for bingo games being presented in March by the 50 Plus Department of the Johnson County Park & Recreation District.

All bingo sessions begin at 1:30 p.m. and will feature a dozen games of bingo as well as food, prizes and fun.

Cost is $5 per person in advance or $6 on the day of the event for Johnson County residents and $6/$7 for nonresidents.

Upcoming sessions include:

• “March Madness™” on March 4 at the New Century Fieldhouse, 551 New Century Parkway near Gardner.

• “Dr. Seuss®” on March 18 at the Meadowbrook Park Clubhouse, 9101 Nall Ave., Prairie Village.

• “Van Gogh” on March 26 at Roeland Park Community Center, 4850 Rosewood Drive.

• “April Fools” on April 1 at Matt Ross Community Center, 8101 Marty St., Overland Park.

For more information or to register, call 913-831-3359 or visit jcprd.com.
T

o your good health

Walk KS: Steps to improve health

By Crystal Futrell

Each person reaches the minimum goal for physical activity – 150 minutes per week. Collectively, the team would walk 435 miles as they discover the 8 Wonders of Kansas!

- Challenge 2 - Cross Country
  A winding trail from Troy to Elkhart, requiring each participant to log four hours per week, traveling 764 miles total.
- Challenge 3 - Little Balkans to Nicodemus
  Walk the southeastern part of the state known as the Little Balkans and then wind up and around to Nicodemus. This team will go 1,200 miles and require each person to log six hours per week.
- Don’t have six people you feel comfortable asking? No worries! The Extension Office can help create a team for you.

- The team won’t actually WALK across or around the state. The way it works is each 15 minutes spent participating in physical activity translates in this program to one mile.
- Walking isn’t the only activity that counts. Biking, swimming and even gardening or housework count as physical activity. Each team member keeps track of the minutes spent being physically active, then reports it online under their team name. In addition to recording their physical activity, participants will also record their daily fruit and vegetable consumption. On the website, you’ll be able to see each team’s progress and fruit and vegetable intakes. This usually inspires some healthy competition among the teams all over the county.

To register your team, and for more information about Walk KS, visit the Johnson County Extension page at johnson.ksu.edu and find the Walk KS link under the Health and Nutrition page. The cost to participate is only $10/person for Johnson County residents or $15 for nonresidents. Pre-registration is required. Visit jcpred.org/AMP to enroll or call 913-831-3359.

Michelle Alexander is director of the 50 Plus Department for the Johnson County Park and Recreation District.

Program promotes Aging Mastery

By Michelle Alexander

The Merriam Webster Dictionary defines mastery as the authority of a master; the upper hand in a contest or competition; possession or display of great skill or technique; skill or knowledge that makes one master of a subject.

What might happen if older adults were to become the authority on how they age?

What if they gained great skills, techniques and knowledge to master how they age?

What if they became an aging master?

They could be like Rich who has started to travel again since he completed the first Aging Mastery Program offered through Johnson County Park & Recreation District’s 50 Plus Program. They could also be like Harriett who just this past fall set goals and reached milestones she never imagined she’d accomplish regarding her fitness and health.

Just imagine if older adults empowered their lives to live better by just completing this evidence-based program developed by the National Council on Aging.

The Aging Mastery Program is a series of classes that offers a comprehensive and fun approach to living that celebrates the gift of longevity. The program combines goal setting, daily practices and peer support to help participants make meaningful adaptations in their lives.

The AMP philosophy is the belief that modest lifestyle shifts can produce big results and that people can be empowered to cultivate health and longevity. NCOA recognizes that the nation’s 76 million baby boomers have been given an unprecedented gift of time. Their program’s purpose is to help those boomers address both the benefits and challenges of the new longevity bonus.

Representatives from JCPRD and Johnson County K-State Research and Extension serve as trained program facilitators. A subject matter expert is brought in weekly to present the core content. AMP’s core curriculum topics include sleep, healthy eating and hydration, community engagement, financial fitness and more. Visit jcpred.org/AMP for a full listing and description of topics.

A new ten-week session of AMP is scheduled from 9:30 a.m. to 11 a.m. Thursday, March 19, at the Meadowbrook Park Clubhouse at 9101 Nall Ave., Prairie Village. Cost is $49 per person for Johnson County residents or $53 per person for nonresidents. Pre-registration is required. Visit jcpred.org/AMP to enroll or call 913-831-3359.

Michelle Alexander is director of the 50 plus Program Department for the Johnson County Park and Recreation District.
March-April classified ads

The classified ad rate in The Best Times is $55 for the first 20 words and $0.75 for each additional word. Minimum rates and advertising deadlines are subject to change without notice.

Payment for classified ads and business card ads must be paid in advance by the due date prior to ad publication.

Helping Johnson County's Older Adults

March-April classifieds

SenCom helps seniors connect with their computers. We are an all-volunteer non-profit helping you navigate the wonders of the Internet and stay close to your family through Facebook and Email. Our Beginners Workshop takes it from the start. Then you can ease into a host of classes where you move at your own pace – Windows 10, Managing Photos, Word and many more. Join us for monthly programs where we have knowledgeable speakers and a separate time just for Q&A if you have questions or problems. Make friends at our monthly Lunch & Learn. Classes are just $30 ($15 if you’re a member). Check us out at www.xsenior.com or call Lou at 913-298-0575 for any questions you have. Hop you drop into a meeting soon!

Please call me. I would love to clean your home. Flexible, honest and hard-working. 816-519-5485.


ALL CLEAN CARPETS. Family Owned and Operated since 1971! Carpet Cleaning, Rug Cleaning, Small Carpet Repairs and Odor Control. We also Clean Upholstery: Sofa’s-Love Seats-Chairs. Mention This Ad and receive 10% off your first cleaning. 913-894-0301.


Antiques Wanted: 35th year in business in KC! We are actively looking to purchase antique furniture, paintings, glassware, quilts, jewelry, postcards, kitchenware, advertising signs, country store items and almost anything old or unusual. Free verbal appraisal. Call 913-677-5566 or www.horsefeathersantiques.com.

Lend a Hand helper. LLC. We have those ‘little jobs’ that other handymen won’t do. Licensed, Insured. Free Estimates. From lightbulbs to fencing, fans, Gutters, Power washing, and Grab bars. No Job Too Small. 22 year Retired Military Veteran. Honest, Reliable, REASONABLE: You can’t beat the price. Call 913-304-4440.

B & L Longstanding Remodel Service. Call Linda VanDiviner: 913-469-9522. Email: lvandiviner@yahoo.com.

MG Home Repair and Improvement. All around the home repairs. Carpentry, lighting, plumbing, concrete repairs, deck and fence repair, power washing, staining and sealing, interior and exterior painting. Experienced, quality workmanship: senior discounts, free estimates; insured. Call Michael in Lenexa, 913-486-9400.

Electricians - semi-retired, licensed, 15 years of experience. ’ fix what you need, listen, and advise accordingly!’ All jobs considered, from adding new receptacles in one’s home, or a garage to adding electrical service panel. Stop overpaying. Raymond, 913-671-8888.

Want to sell your home? Don’t know where to start? Landmark Real Estate's professional Real Estate agents will pay for your cash at a competitive price. No inspections, appraisals or closing costs. Leave furniture behind. Broken basements ok. Linda Mathiesen, 913-642-5055.


Comfortable Cleaning Services For Your Home and Business- Experienced, Quality Work, and Insured. Call Blanca at 913-378-6612.

Ladies, want to expand your horizons? Try out our Art Club in Overland Park Thursday mornings. Realism colored pencil/graphite instruction. No experience needed. E-mail Carol for details, carol.rondinelli@bsglobal.net.

Do how get rid of all these machines & tools? If you have a basement or garage full of woodworking tools, why not let me price them and sell them while filling up some space and putting cash in your hands. With our over 24 years’ experience in appraising and selling woodworking machinery & tools, I can make it easy. Call or email Mike at 913-375-5750, mbcobbs@gmail.com.

Johnson County Memorial Gardens. Two interment plans for two sets of remains. Garden #4. Columbarium Bldg. 4 West, Tier 9, Niche F. Asking $1395. Sharon Rusher/956-599-0566 or 913-205-3800.

Cemeteries (three): SHAWNEE MEMORIAL GARDEN. $2495 value, one ($1900), two-three ($1800 each). Carol. 913-649-0746 or cc7cc@everestkc.net.

CORINTH CEMETERY - Two desirable plots side-by-side in a prestigious historic cemetery, $6000 ea OBO. 913-888-8612.

Found Your niche? Moved out of the area, must sell mine. Johnson County Memorial Gardens, Prayer Columbarium, Lot 100, Spaces A & B. $2750, or best offer (current cost $3995). DonahueDJ@aol.com.

FOR SALE

The classified ad rate in The Best Times is $55 for the first 20 words and $0.75 for each additional word. Minimum rates and advertising deadlines are subject to change without notice.

Payment for classified ads and business card ads must be paid in advance by the due date prior to ad publication.
March-April calendar

March Wednesdays, Silver Screen Matinee. 1 p.m. Irene B. French. Popcorn provided second & fourth Wednesday.


To My Family with Love. pre-planning your final arrangements. 6:30-7:30 p.m. $3. Blue Valley Rec. Must register 913-685-6000.

Noon-12:45 p.m. Olathe Downtown Library. Bring your instrument & jam with us. Expect fiddles, guitars, folk, blues & bluegrass.

March 4

Dessert Demos with Doug: Classic Truffles. 7-8 p.m. Olathe Indian Creek Library.

March Madness Bingo. 1:30-3:30 p.m. $5/$6, New Century.

March 5

Wellness Seminar: Strengthening for Seniors.* 10 a.m. Lenexa Senior Center. Register by calling 913-477-7100.

Chair Yoga. Noon-12:45 p.m. Olathe Indian Creek Library.

Afternoon Tea at the Clubhouse. 3-4:30 p.m. $15/$16. Roeland Park. Shawnee Mission North’s Strolling Strings provides music. Italian themed dinner.

March 9

Dinner with the Strolling Strings. 5-7 p.m. $15/$16. Olathe Library. 913-888-6141 between 9-10 a.m. 24 hours in advance for lunch reservations. Free popcorn & beverage served.

March 10

50 & Beyond Matinee “Adopt A Highway (NR),” 12:30 p.m. $1 (SPJCC members) $2 (non-members). Sylvester Powell.

Live at the Library: Canal. 7 p.m. Olathe Indian Creek Library.

How to start a vegetable garden. 7:30-8 p.m. Extension.

March 12

St. Patty’s Day BINGO “Food Fight.” 1:30-3:30 p.m. $5/$6. Roeland Park.

March 13

Family Fun: Bingo Night 6-8 p.m. $10/$11 per person. $20/33 family up to 4. $40/$44 family up to 7. Roeland Park. Dinner included.

March 15

With a Heart & a Half: Irish Folktales. 3-3:30 p.m. Olathe Indian Creek Library. Storyteller Rossie Cutter shares Irish folktales & history.

March 19

Healthy Living for the Brain & Body. 11 a.m. – Noon. Patula Education Center, 3506 W. 75th Street, Prairie Village.

March 23

Inviting Pollinators to the Garden. 7 p.m. Extension.

March 24

50 & Beyond Matinee “The Etruscan Smile (R),” 12:30 p.m. $1 (SPJCC members) $2 (non-members). Sylvester Powell.

From Garden to Plate. 6-8 p.m. $25. Extension.

March 25

Dessert Demonstration: Panorama Sugar Eggs. 7-8 p.m. Olathe Indian Creek Library.

April 4

Making the move to Medicare. 6-7:30 p.m. Leawood Pioneer Library, 4700 Town Center Dr., Leawood.

April 7

Tuesday Tunes. 6:30-8:30 p.m. Olathe Indian Creek Library. Bring your instrument & jam with us. Expect fiddles, guitars, folk, blues & bluegrass.

Basic Garden Photography. 7 p.m. Extension.

April 8

Birthday Extension. 12:15 p.m. Lenexa Senior Center. Optional lunch for $3 donation at 11:30 a.m. Call 913-888-6141 between 8-9 a.m. 24 hours in advance for lunch reservations.

April 9

Spring BINGO. 1:30-3:30 p.m. $3. Irene B. French. Snacks & drinks provided.

Lunch Bunch. 11:15 a.m. Transportation departs from Lenexa Senior Center at 10:40 a.m. Transportation $5 & cost of your own meal. "Austin’s" 11180 S. Lone Elm Rd. Olathe. Reservations required by calling 913-477-7100.

Food After 50. 6:30-8 p.m. $28. Blue Valley Rec. Register by calling 913-685-6000.

At Our Age. 5:30-8 p.m. Olathe Downtowm Library. Members of the Olathe Fire Department will talk about fire safety & fall prevention. Register at 913-971-6850.

Hot Pick Movie Night. 6-8:30 p.m. Olathe Indian Creek Library. Call 913-971-6850 for this month’s movie.

March 31

Stretch & Restore. 9:30-10:15 a.m. Indian Creek Library.

April

Wednesdays, Silver Screen Matinee. 1 p.m. Irene B. French. Popcorn provided second & fourth Wednesday.

April Monday Movies. 12:15 p.m. Lenexa Senior Center. 4/6-“The Two Popes;” 4/13-“The Pelican Brief;” 4/20-“The Golden Compass.” Lunch at 11:30 a.m. for a $3 donation. Call 913-888-6141 between 9-10 a.m. 24 hours in advance for lunch reservations. Free popcorn & beverage served.

Chronic Disease Self-Management Program. 9-11:30 a.m. Lenexa Senior Center.

Chair Yoga. Noon-12:45 p.m. Olathe Indian Creek Library.

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Lunch Bunch. 11:15 a.m. Transportation departs from Lenexa Senior Center at 10:40 a.m. Transportation $5 & cost of your own meal. “Red Door Grill”- 11851 Roe Ave. Leawood, KS. Reservations required by calling 913-477-7100.

FACILITY LOCATIONS

MILL CREEK: Mill Creek Activity Center, 6518 Vista, Shawnee; 913-826-2950.


OLATHE DOWNTOWN LIBRARY: 201 E. Park St., Olathe; 913-971-6850; to register, 913-971-6888.

OLATHE INDIAN CREEK BRANCH LIBRARY: 1600 W. 135th St., Olathe; 913-971-6835.

PRAIRIE VILLAGE: Prairie Village Community Center, 7720 Mission Road, Prairie Village; 913-381-6464.

ROELAND PARK: Roeland Park Community Center, 4850 Rosewood Drive, Roeland Park; 913-826-3660.

SHAWNEE CIVIC CENTER: 1387 Johnson Drive, Shawnee; 913-631-5200.

SHAWNEE SAFETY CENTER: Sentcom computer lab, lower level, 6309 Quivira Road, Shawnee; 913-631-5200.

SYLVESTER POWELL: Sylvester Powell Community Center, 620 Martway St., Mission; 913-722-8200.

TOMAHAWK RIDGE: Tomahawk Ridge Community Center, 11902 Lowell Ave., Overland Park; 913-327-6645.
Join attorney Corey A. Rasmussen as he discusses how sound estate planning can avoid probate, avoid family disputes and other crucial estate planning issues.

**EDUCATIONAL SEMINAR**

**TUESDAY**
April 14th
1:30 pm or 6:30 pm

**THURSDAY**
April 16th
1:30 pm or 6:30 pm

**LOCATION:**
UNIVERSITY OF KANSAS EDWARDS CAMPUS
12610 Quivira Rd.
Overland Park, KS 66213

**TOPICS COVERED INCLUDE:**
- Avoid Probate and Court Interference with Your Affairs
- Minimize Family Infighting
- Protect Heirs from Wasting Inheritances
- Keep Assets in Your Bloodline
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