



JOHNS ON COUNTY
KANSAS
Health & Environment

July 26, 2016

CHAP MEETING MINUTES

In 8:30am/ out 10:30am

Attendees: See Sign-In Sheet

Agenda item	Discussion	Action item
Welcome and Introductions	<ul style="list-style-type: none"> • 	<ul style="list-style-type: none"> •
Community Health Improvement Planning Setting 2016-2019 Goals/Strategies Lynne Brown, IBossWell	<ul style="list-style-type: none"> • Reviewed goals of small group discussion • The goal today is to decide on what strategies will be worked on and review what is currently available in the community. • Worksheets on each priority area were started and will be completed at the next meeting. 	<ul style="list-style-type: none"> •
Small Group Discussions	<ul style="list-style-type: none"> • Groups discussed the strategies from the last meeting; what can be accomplished in three years? What is happening in the community to further the chosen priorities? 	<ul style="list-style-type: none"> •
<u>CHIP Priority 1: Access to Care</u>	<p>Goal: Health and Equity Community Health Workers – development of collaboration to bring CHWs to Health Partnership Clinic – fund organizations providing these services (REACH)</p> <p>Goal: Oral Health Strategy: Allied Dental Professional Scope of Practice; ADHA pilot – look at curriculum for dental therapy Oral Health on wheels – mobile dental unit – look at #s and types of clients served – responsible party: JCCC Strategy: Place-based services</p> <ul style="list-style-type: none"> - Action: schools - Action: preschools - Action: senior, LTC – REACH funds clinics – - Responsible party: DHE coordinator of school screenings <p>Goal: Access to Integrated Health Care (Mental Health, Oral Health, Chronic Disease, Medical Home, Nutrition) –holistic approach, whole person care</p> <p>Strategy: Health Insurance Outreach and Support</p>	<ul style="list-style-type: none"> •

	<ul style="list-style-type: none"> - Action: Health Partnership Clinic: continues to provide outreach worker and navigators - Action: REACH provides funds to organizations providing this service - Action: Amerigroup <p>Strategy: Health Literacy</p> <ul style="list-style-type: none"> - Action: REACH funds organizations who provide this service - Action: Amerigroup creates and develops literature <p>Strategy: Medicaid Literacy</p> <ul style="list-style-type: none"> - Action: Amerigroup teaches and educates in various platforms, health fairs, community resources <p>Strategy: Health Insurance Literacy</p> <ul style="list-style-type: none"> - Action: REACH wants to fund organizations who do this - Action: Amerigroup – community relations; reaching out to potential members where they live <p>Strategy: Medicaid Expansion</p> <ul style="list-style-type: none"> - Action: Health Partnership Clinic advocates for the expansion - Action: REACH is funding and advocating for this 	
<p><u>CHIP Priority 2: Mental Health</u></p>	<p>Overarching Themes</p> <p>The following issues/opportunities were discussed and considered to be “overarching themes” which should be considered and woven into future strategies/actions under all goals, as appropriate.</p> <ul style="list-style-type: none"> • Stigma • Trauma Informed • Mental Health First Aid • SBIRT brief intervention • Consider Funding/Resources 	<ul style="list-style-type: none"> •

GOALS:

Navigating the System - Group agreed to make the Navigating the System a strategy under each other goal (as appropriate) – then if a bigger/overarching opportunity evolves, relative to process/system of navigating the system, that helps all areas, we could consider making it a goal again.

Goal: 1. Suicide Prevention

- Suicide Awareness Week/Intense Focus – 0 suicides measure
- Suicide Prevention Coalition – Jason Flatt ACT
- SPRC Resources

Navigating the System

- *Risk Assessment – Prevention – look at resources
- *Caring Calls – evidence based/follow-up for adults
- *National Suicide Prevention Hotline
- *Family Coordination – Safety Planning
- *Telemental Health – Technology – Apps, iPads
- Community engagement and partnerships
- *Mental Health First Aid
- Youth Peer Mentoring (need more info?)
- *Suicide Cognitive Behavioral Therapy – National Patient Safety Goals (Chad will bring)

Goal: 2. Substance Abuse

- Navigating the System
- Under Enhanced Enforcement of Laws Prohibiting Alcohol Sales to Minors, add Party Patrol with LEA
- Under Media Campaigns, add around Adult drinking
- Add Rx Drug/Opiates 17% JOCO Adult B.D.

Strategies for Rx/Opiates

- Education for Medical Providers around alternatives to opioid use
- Parental/Adult Education on responsible keeping of Rx drugs (lock up your meds)
- Policy for hospitals around opiates - procedure during discharge
- H.S. Youth (peer to peer education) to middle school and grade school kids

Goal: 3. Anxiety and Depression Disorders

- Navigating the System
- Did not get to on 7/26/16 meeting, TBD if this stays as a goal.

What partner organizations are currently doing:

Each participant shared what their organizations are currently doing, which may evolve to Strategies or Actions under related goals. Efforts discussed include:

- KVC: We're addressing system navigation in the sense that we've designed staffing models to reflect "whole person" approach with wrap around services. They use evidence-based programs (called Safe and Connected) that uses a team-base staffing and decision-making model; it's basically really good social work." They track outcomes like permanency and relative placement (kinship care). The model has also increased employee retention.
- Shawnee Mission Med Center: Working on system navigation, too. Hospital has a behavioral health unit; working on Bridge Care for ER, which helps people find appropriate care. SMMC also looking at substance abuse in their community health improvement plan; opiate addictions on the rise and an area of concern.
- Wanda Vaughan, community member: worked with last CHAP mental health group; underage drinking a focus...looked at city with most MIPs (Minor in Possession), found Lenexa so targeted programming there. Promoted FAST (??) program in schools. Targeted digital ads to middle schoolers. Worked on training/policy development with coaches in Johnson County sports programs about the expectations (e.g., no drinking with the kids you coach).
- Olathe Med Center: the hospital's community health improvement plan priorities align with JCDHE's. They are looking at their own data on ER and primary care related to mental health...looking for the "true gaps" in service or where they lose patients/"where we need a bridge". Some previous work included embedding a MH person from KidsTLC in a family practice primary care office; she's very busy now!

- Questions/issues from discussion: Do community mental health services transfer over to schools (can they/do the schools flow up if a kid is seen in community? One gap is insurance coverage—may or may not follow the person to various services. Stigma also needs to be woven into all CHAP priorities around mental health care.
- Johnson County Mental Health: EMS hiring social worker to connect frequent flyers to appropriate services. County seen much growth in their co-responder program, where MH workers embed with law enforcement and respond together to calls—Olathe offering this, expanded to OP, now growing in Lenexa and Shawnee—plans soon to cover whole NE of county. Opening the minds of law enforcement can also reduce stigma.
- MH America of the Heartland: certified peer support counselors help patients navigate the system; some of these people are embedded in other agencies. JoCo schools get teen suicide prevention programming. Work with adults includes education/outreach/prevention (one-on- one). She works to educate people outside the MH system, too; approaches employers, others.
- Question: Does MH America have resources or a network we can tap to support the CHAP work? Or staff? Answer: maybe. We do a lot of public/private partnerships, Walgreens an example, and we have a database of MH resources outside groups can use to get into or navigate the system.
- City of Gardner: this woman was the former director of the regional prevention center (so she knows MH). They are doing Strengthening Families trainings; Responsible Beverage Server trainings for bar owners and servers—basically alcohol abuse training. They are starting the Gardner Mental Health Coalition and writing grants to support work. Opiate use/abuse in Gardner a huge issue: MedAct transported 50 overdose patients last year; 2 deaths last month (unrelated to each other), both people in their 30s. “In a town of 20,000 people, those numbers are shocking. Law enforcement does not carry Naloxone but MedAct does...this is all coming too late, though. Kids AND parents need prevention services; Mental Health first aid a great program and should be expanded; brief interventions (SBIRT). Additionally there are

NO mental health providers in Gardner...people always have to travel for services and sometimes there are many barriers (e.g., transportation).

- Johnson County Mental Health (again): working on a strategic plan now; want to implement an open access process, offer same day services/assessments and intervention. Mental health first aid helps with system navigation and stigma; 6 staffers have training to teach MH First Aid. Program is \$50 pp/8 hour day. Challenges to providing it more are cost and the time it takes to grow a program like this—it's also an evidence-based program, so the 8 hour time frame can't be reduced and still be faithful to the program.
- The MH Center has a community outreach division. We're partnering with the courts and intervening to train people. We have a Suicide Prevention Task Force, which we facilitate. Opiates an issue we are looking at—prescription drugs are certainly connected to this—Johnson County should do more...there is money coming for this. Also working on Trauma Informed Care.
- Shawnee Mission West High School Social Worker: Used to have more staff, but now down to 2 social workers and 4 counselors. We get no parental help, so we just have to deal with kids and their issues on site; access to care is an issue because kids aren't getting help because the parents don't follow up on our recommendations. We work on education/awareness through assemblies/class discussions/announcements—try to teach kids how to get help; help teachers ID kids who need help.
- KVC: Joint Commission has standards and is trying to push the system from risk assessment to true prevention. Example: One of best EB strategies are caring calls—patients get a phone call post-discharge from the hospital, just to see how they are doing. It's a welfare call. Lowers suicide rates.

CHIP Priority 3: Chronic Disease Prevention and Health Promotion

Physical Activity:

- Jewish Community Center: financial assistance program (sliding scale)
- Children's Mercy Hospital: Safe Routes to School – participation
- JCPRD: built environment, summer camps – hours/participation
- DeSoto School District: PE for all! – Extra-curricular PE classes and school credit – recess (elementary), Safe walk to school

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- Health Partnership Clinic: connector to services
- JC Planning Dept.: work with developers – policy – Parks and Rec – Complete Streets
- American Heart Association: Healthy Way to Grow – child care centers: policies – healthy food and beverage – physical activity – screen time. Worksite: My Life Check (physical activity, food) – to engage employers
- Kansas Alliance for Wellness: policies for healthy food and beverage, technical assistance to establish Food Policy Council
- Policy on sugary beverages, physical activity
- JCDHE: Walking school bus, Walk Kansas

Healthy Eating:

- JCPRD: healthy concessions, calorie counts
- SFHP: Healthful Eating; Farmer’s Market – free fruit/veggies recipes – health education/care coordination – partner with SNAP
- Invites people who show – survey starting next week to measure participation
- Oran Health Kansas: # of schools, # of exhibit visits – sugar in beverages display – community education, partner with American Academy of Pediatrics – month without sugar, policy tax on soda
- Jewish Community Center: hired a registered dietitian – pre-school teacher education on healthy eating and active living – participation in physical fitness assessment
- Children’s Mercy Hospital: Healthy food in cafeteria, healthy vending
- JCDHE: partnerships with grocery stores, Farmer’s Markets, breastfeeding policies in businesses
- DeSoto School District: New food trial to sample menus – school gardens
- YMCA: Youth development with pre/post school and sports leagues – HEPA standards – Early Childhood Centers track engagement with physical after joining – subsidize fee

Chronic Disease Prevention:

- Mercy and Truth: Education and care coordination- link to community resources – BMI/lab results
- Children’s Mercy Hospital: weight management for kids – Weighing In – policy development, connector to resources
- KU Master’s in Public Health program: Research on smoking/cessation – Chronic Disease Alliance of Kansas – Kansas Public Health Association – align policy

	<ul style="list-style-type: none"> • DeSoto: track immunizations • Healthcare Foundation of Kansas City: Tobacco prevention – Healthy Communities Leadership Academy • JCDHE: tobacco policies <p>Health Literacy:</p> <ul style="list-style-type: none"> • DeSoto School District: School nurse – bilingual materials – participation rates • Health Partnership Clinic: Case Managers – community outreach • YMCA: Chronic disease – blood pressure self-monitor, Cancer, Pre-Diabetes, brain health, Arthritis, Parkinson’s • JCDHE: Diabetes Prevention collaboration • HS – Health literacy – child care workers – staff families 		
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Community Health Improvement Plan Implementation Worksheets

<i>Priority</i> Access to Care
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<i>Goal</i> Health & Equity	<i>Outcome Measures/Objectives</i> Healthy People 2020 target: 100% of the population has health insurance.			
<i>Strategy</i> Community Health Workers	<i>Actions</i> Development of collaboration to bring community health workers to Health Partnership Clinic	<i>Responsible Party</i>	<i>Date Range</i>	<i>Resources</i>

<i>Goal</i> Oral Health	<i>Outcome Measures/Objectives</i> Healthy People 2020 target: 49% (persons who visited a dentist in the past year).			
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<i>Strategy</i> Allied Dental Professional Scope of Practice	<i>Actions</i> Allied Dental Professional Scope of Practice; ADHA pilot – look at curriculum for dental therapy	<i>Responsible Party</i> JCCC	<i>Date Range</i> Sept. 2016- June 2017	<i>Resources</i>
<i>Strategy</i> Place-based services: school, preschool, senior, LTC	<i>Actions</i> OHOW Dental Van @ JCDHE	<i>Responsible Party</i> JCCC, LCDHE	<i>Date Range</i>	<i>Resources</i>
<i>Strategy</i> Legislation/Policy	<i>Actions</i> Advocate for RDD program Advocacy Fund organizations to get dental therapy passed	<i>Responsible Party</i> HPC Oral Health Kansas REACH	<i>Date Range</i>	<i>Resources</i>

<i>Goal</i> Access to Integrated Health Care (Mental Health, Oral Health, Chronic Disease, Medical Home, Nutrition)		<i>Outcome Measures/Objectives</i> Holistic approach, whole personcare		
<i>Strategy</i>	<i>Actions</i> Provide medical/dental/mental health services including chronic disease as a PCMH	<i>Responsible Party</i> HPC, OFD-MIH	<i>Date Range</i>	<i>Resources</i>
<i>Strategy</i>	<i>Actions</i> Adopting integrated care model	<i>Responsible Party</i> HPC, OHK, OFD-MIH	<i>Date Range</i>	<i>Resources</i>
<i>Strategy</i>	<i>Actions</i> Outreach/Engage/Direct	<i>Responsible Party</i> OFD-MIH	<i>Date Range</i>	<i>Resources</i>
<i>Strategy</i>	<i>Actions</i> Lift Assist Program MyRC	<i>Responsible Party</i> JCDHE, Med-Act, JCHS, CMO	<i>Date Range</i>	<i>Resources</i>

Priority

Mental Health

<p><i>Goal</i></p> <p>Navigating the System - Group agreed to make the navigating the system a strategy under each other goal (as appropriate) – then if a bigger/overarching opportunity evolves, relative to process/system of navigating the system, that helps all areas, we could consider making it a goal again.</p>	<p><i>Outcome Measures/Objectives</i></p> <p>Overarching Themes</p> <ul style="list-style-type: none"> - Stigma - Trauma Informed - Mental Health First Aid - SBIRT brief intervention - Consider Funding/Resources <p>Other:</p> <ul style="list-style-type: none"> - Suicide Awareness Week/Intense Focus – 0 suicides measure - Suicide Prevention Coalition – Jason Flatt ACT - SPRC Resources
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<p><i>Goal</i></p> <p>Suicide Prevention</p>	<p><i>Outcome Measures/Objectives</i></p> <p>Healthy People 2020 target: 10.2 suicides per 100,000 population.</p>			
<p><i>Strategies:</i></p> <ul style="list-style-type: none"> *Risk Assessment – Prevention – look at resources *Caring Calls – evidence based/follow-up for adults *National Suicide Prevention Hotline *Family Coordination – Safety Planning *Telemental Health – Technology – Apps, iPads Community engagement and partnerships *Mental Health First Aid Youth Peer Mentoring (need more info?) 	<p><i>Actions</i></p>	<p><i>Responsible Party</i></p>	<p><i>Date Range</i></p>	<p><i>Resources</i></p>

*Suicide Cognitive Behavioral Therapy – National Patient Safety Goals (Chad will bring)				
<i>Goal</i>		<i>Outcome Measures/Objectives</i>		
Substance Abuse		Healthy People 2020 target: 24.4% (adults binge drinking in the last 30 days).		
<i>Strategy</i> Policy:	<i>Actions</i>	<i>Responsible Party</i>	<i>Date Range</i>	<i>Resources</i>
<ul style="list-style-type: none"> ▪ Alcohol Advertising Restrictions ▪ Alcohol Excise Tax ▪ Administrative License Suspension/Revocation Laws ▪ Alcohol Outlet Density Restrictions ▪ Enhanced Enforcement of Laws Prohibiting Alcohol Sales to Minors –Party Patrol with LEA 				
<i>Strategy</i> Alcohol Screening & Brief Intervention –	<i>Actions</i>	<i>Responsible Party</i>	<i>Date Range</i>	<i>Resources</i>
<i>Strategy</i>	<i>Actions</i>	<i>Responsible Party</i>	<i>Date Range</i>	<i>Resources</i>
<ul style="list-style-type: none"> ▪ Drug Courts ▪ Family Treatment Drug Courts 				
<i>Strategy</i> Media Campaigns – around adult drinking	<i>Actions</i>	<i>Responsible Party</i>	<i>Date Range</i>	<i>Resources</i>
<i>Strategy</i> Programs:				
<ul style="list-style-type: none"> ▪ Mentoring Programs: Delinquency ▪ Universal School-based programs 				
<i>Strategy</i> Naloxone Access				
<i>Strategy</i> Training				

<ul style="list-style-type: none"> Responsible Beverage Server Training 				
<p><i>Strategy</i> RX Drug/Opiates 17% JOCO Adult B.D.</p>	<p><i>Actions</i> -Education for Medical Providers around alternatives to opioid use -Parental/Adult Education on responsible keeping of Rx drugs (lock up your meds) -Policy for hospitals around opiates - procedure during discharge -H.S. Youth (peer to peer education) to middle school and grade school kids</p>			
<p><i>Goal</i> Anxiety and Depression Disorders - Did not get to on 7/26/16 meeting, TBD if this stays as a goal.</p>	<p><i>Outcome Measures/Objectives</i></p> <ul style="list-style-type: none"> Healthy People 2020 target: reduce the proportion of adults who experience major depressive episodes to 5.8%. Perceived Happiness 			
<p><i>Strategy</i> Cell Phone-Based Support Programs</p>	<p><i>Actions</i></p>	<p><i>Responsible Party</i></p>	<p><i>Date Range</i></p>	<p><i>Resources</i></p>
<p><i>Strategy</i> Tele-Mental Health Services</p>	<p><i>Actions</i></p>	<p><i>Responsible Party</i></p>	<p><i>Date Range</i></p>	<p><i>Resources</i></p>
<p><i>Strategy</i> Mental Health Benefits Legislation</p>	<p><i>Actions</i></p>	<p><i>Responsible Party</i></p>	<p><i>Date Range</i></p>	<p><i>Resources</i></p>
<p><i>Strategy</i> Trauma Informed Care/Resiliency</p>	<p><i>Actions</i></p>	<p><i>Responsible Party</i></p>	<p><i>Date Range</i></p>	<p><i>Resources</i></p>

Priority
 Chronic Disease Prevention & Health Promotion: Create an environment that promotes a healthy lifestyle for all Johnson County families and residents.

<p><i>Goal</i> Physical Activity: Promote physical activity across the community with special focus on meeting the needs of underserved communities.</p>	<p><i>Outcome Measures/Objectives</i> Healthy People 2020 target: 20.1% of adults who engage in aerobic physical activity of at least moderate intensity for at least 150 minutes/week, or 75 minutes/week of vigorous intensity, or an equivalent combination, and perform muscle-strengthening activities on at least 2 days every week.</p>
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<i>Strategy</i>	<i>Actions</i>	<i>Responsible Party</i>	<i>Date Range</i>	<i>Resources</i>
<p>Community Based:</p> <ul style="list-style-type: none"> ▪ Activity Programs for Older Adults ▪ Bike & Pedestrian Master Plans ▪ Community Fitness Programs ▪ Physical Activity Campaigns ▪ Individually Adapted Physical Activity Programs ▪ Joint Use Agreements (Facilities) ▪ Enhancing Access to Places for Physical Activity ▪ Point of Decision Prompts for Physical Activity <p>Prescriptions for Physical Activity</p>				

<p><i>Strategy</i> Children:</p> <ul style="list-style-type: none"> ▪ Active Recess ▪ Extracurricular Activities for Physical Activity ▪ Homework or Extra Credit for PE Class 	<i>Actions</i>	<i>Responsible Party</i>	<i>Date Range</i>	<i>Resources</i>
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<ul style="list-style-type: none"> ▪ Physical Activity/Nutrition Interventions in Preschool and Child Care ▪ Physically Active Classrooms ▪ Safe Routes to School ▪ Expanded/Enhanced School-Based PE ▪ Screen Time Interventions ▪ Walking School Bus 				
<p><i>Strategy</i> <i>Worksite Centered:</i></p> <ul style="list-style-type: none"> ▪ Active Commuting ▪ Obesity Prevention Interventions ▪ 	<i>Actions</i>	<i>Responsible Party</i>	<i>Date Range</i>	<i>Resources</i>
<i>Strategy</i>	<i>Actions</i>	<i>Responsible Party</i>	<i>Date Range</i>	<i>Resources</i>

<p><i>Goal</i> Nutrition/Healthy Eating Education focus Support Food Policy Council efforts</p>		<p><i>Outcome Measures/Objectives</i> Healthy People 2020 target: 30.5% obesity among adults; increase the number of adults at a healthy weight to 33.9%.</p>		
<p><i>Strategy</i> School Centered:</p> <ul style="list-style-type: none"> ▪ Physical Activity/Nutrition Interventions in Preschool and Child Care ▪ Farm to School Programs ▪ Health School Lunch Initiatives 	<i>Actions</i>	<i>Responsible Party</i>	<i>Date Range</i>	<i>Resources</i>

<ul style="list-style-type: none"> ▪ School Food & Beverage Restrictions ▪ School Gardens ▪ Nutrition Education Programs 				
<p><i>Strategy</i> Community/Individual Based:</p> <ul style="list-style-type: none"> ▪ Point of Purchase Prompts for Healthy Food ▪ Community Gardens ▪ Competitive Pricing for Healthy Food (Schools/Worksites/Recreation) ▪ Fruit & Vegetable Tasting (Schools/Worksites) ▪ Healthy Food Initiatives in Food Banks ▪ Healthy Vending Machine Options ▪ Restaurant Nutrition Labeling ▪ WIC & Senior Farmers Market Nutrition Program ▪ Worksite Obesity Prevention Intervention Programs 	<p><i>Actions</i></p>	<p><i>Responsible Party</i></p>	<p><i>Date Range</i></p>	<p><i>Resources</i></p>

<p><i>Goal</i> Chronic Disease Prevention</p>		<p><i>Outcome Measures/Objectives</i> Healthy People 2020 target: increase the proportion of persons who report their health care provider always gave them easy-to-understand</p>		
<p><i>Strategy</i></p> <ul style="list-style-type: none"> ▪ Tobacco Use Prevention ▪ Policy 	<p><i>Actions</i></p>	<p><i>Responsible Party</i></p>	<p><i>Date Range</i></p>	<p><i>Resources</i></p>



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<i>Goal</i> Chronic Disease Prevention		<i>Outcome Measures/Objectives</i>		
<i>Strategy</i> Chronic Disease Self-Management Programs	<i>Actions</i>	<i>Responsible Party</i>	<i>Date Range</i>	<i>Resources</i>
<i>Strategy</i> Community Health Workers	<i>Actions</i>	<i>Responsible Party</i>	<i>Date Range</i>	<i>Resources</i>
<i>Strategy</i> Text Message Health Interventions	<i>Actions</i>	<i>Responsible Party</i>	<i>Date Range</i>	<i>Resources</i>
<i>Strategy</i>	<i>Actions</i>	<i>Responsible Party</i>	<i>Date Range</i>	<i>Resources</i>

<i>Goal</i> Policy/Advocacy		<i>Outcome Measures/Objectives</i>		
<i>Strategy</i> Tobacco Use Prevention Policy	<i>Actions</i>	<i>Responsible Party</i>	<i>Date Range</i>	<i>Resources</i>
<i>Strategy</i>	<i>Actions</i>	<i>Responsible Party</i>	<i>Date Range</i>	<i>Resources</i>