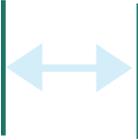


# COVID-19: REDUCE YOUR RISK

The more low-risk choices you make, the more protection you have from getting or spreading COVID-19.

**SAFEST** ————— **RISKIEST**

<b>Face Covering</b>		Everyone is wearing a mask or face covering	Most wearing masks	Some wearing masks	None wearing masks
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<b>Physical Distance</b>		Not engaging in any activity in person; virtual only	Staying 6 feet or more from others	Staying less than 6 feet from others	Standing face to face, hugging, shaking hands
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<b>Droplet Spread</b>		Breathing normally	Speaking or breathing heavily	Shouting, yelling or singing	Coughing or sneezing
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<b>Location</b>		Outdoors in an open space	Staying under a shelter (gazebo, covered porch) outdoors	Large, indoor rooms with good air flow	Small, indoor rooms with poor air flow
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<b>Groups</b>		Only household members	Small groups (2 households, under 10 people)	Large groups over 10 people	Large gatherings with people from different geographic areas
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## ALWAYS REMEMBER:



Washing hands well reduces your risk. If you don't have soap and water, use a hand sanitizer that contains at least 60% alcohol.



Stay home if you're feeling any symptoms, except to get medical care.



Older adults and those with underlying medical conditions should take extra precautions as they are at highest risk.