

# Johnson County Health Department

## Community Health Assessment/Community Health Improvement Plan Meeting

### October 11, 2011

**Attendees:** Donna Missimer, Vicki Hanley, Kevin Kovach, Maury Thompson, Bill Crooks, Jamie Katz, Kevin Walker, Debbie Collins, Valorie Carson, Amanda Nordstrom, Lana Payton, Lori Shank, Regina Johnson, Debra Whiteman, Melody Kinnamon, Norm White, Jacque Amspacker, Carol Roeder Esser, Nicole Strombom, Joan Cabell, Pam Henry, Sue Miller, Dawn Downes, Janet Deckard, Erin Gribbin, Judy Johnston, Arthur Smith, Lauren Davis, Amanda Lowe, Barbara Mitchell

Small group work on the three priorities identified:

### Physical Activity/Nutrition

- Working together to avoid duplication, i.e., effort, time financial resources
- Safe communities – to ensure people are out and about (using community sidewalks, trails, parks, etc.)
- Promotion of existing opportunities
- Good (the right) information regarding nutrition/diet
- Everyone communicating the right (the same) information
- Access to good food – (school districts)
- People are participating in amounts of activity to achieve/maintain optimal level of health
- Obesity rate plummet, as well as other disease – diabetes, heart disease, etc.
- Establishment of a culture of general wellness. (Boulder, Co.)
- The built environment supports a culture of wellness. The goal is to establish policies that support complete streets – an evidence based strategy.

Agency/Individual	Relevant Activities
American Heart Association	Governmental Affairs, Advocacy
JoCo Environmental Dept	Ensuring community has access to safe food
Shawnee Mission Schools	Educating and promoting elementary age children regarding health and wellness
JoCo Library	Providing current and reliable health and wellness information, including info regarding access.
Children’s Mercy Hospital	Providing research/resources to address barriers to health/nutrition. (secondary education at-risk population)
JCDS	Building an environment to support physical activity, improving nutritional quality and research activity with KU
Blue Valley Schools	Working to provide education to students regarding health/nutrition
PB and J Restaurant Good Food, Good Futures	Collaborating with others to improve access, availability, awareness, assurance and adoption of good food through coordinated community efforts. Grocery stores, employers
K.C. Healthy Kids	Policy, advocacy, environmental change, promoting healthy eating and active living for kids.

### **Who should be here, but isn’t?**

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|--|---|
| <ul style="list-style-type: none"> <li>• Farmers Markets</li> <li>• Policy-makers (elected officials)</li> <li>• Developers</li> </ul> | <ul style="list-style-type: none"> <li>• Those who don’t have access</li> <li>• Private sector representatives</li> </ul> |
|--|---|

- Hispanic Community (and other minority communities)
- Faith-Based Organizations
- Large Employers
- Johnson County Transit
- Grocery Stores
- Johnson County Extension Office
- Harvesters
- Health and Human Services
- Sysco
- Beans and Greens
- Pepsi Co.
- Deaf community
- Jo.Co Community College
- Athletic Facilities
- Parks and Recreation Department

## Step 2: Assessing the Landscape

1. What has happened or failed to happen in Johnson County that makes this significant problem?
  - Sprawl – lack of planning, built environment (we need to know what change we want) Connectivity – Point A connects to Point B
  - Lack of acknowledge of populations of need.
2. What do your experience and your research tell you about the problem? Consider why does the problem occur/root causes; who is most effected and why; what resources are currently being directed toward this problem etc.
  - People who know what to do and don't
  - People who don't know what to do, so don't
  - Health food in food banks, backpacks, etc
  - Disconnect – hunter versus nutrition
3. What does the data tell you about the problem in JoCo? What additional data do you need or want?
  - Consumption of wrong foods.
  - Johnson County information already available and USDA food desert map, metropolitan wide information
4. What is the history? What have been successes and challenges in addressing this problem in Johnson County in the past? Addressing it in other communities or in the state?
  - Have some great resources, i.e. parks and recreation centers, hike/bike lanes
  - Decreasing rate of smoking and improving environment for all
  - Model wellness policies for schools.
5. What realistic changes do you think your team can accomplish to impact the issue within the next 1-2 years? In the next 5 years? (objectives)
  - Better collaboration
  - We address planning commissions or city councils regarding community needs. (advocacy)
  - A scalable project that will show significant improvement in the health of JoCo population that is driven by an economic engine. (sustainable)
6. What, if any, additional information do you need?
  - Information regarding city policies

## **Access to Care**

- Seamless network of Providers to meet the primary, specialty, acute and chronic health needs
- Access Points – traditional and non-traditional
- Awareness - make the needs for access common knowledge
- Education – when to go/seek care
- Unlimited capacity and resources – gap between resources to support need and need sustained workforce – volunteers
- No or reduction/elimination of health disparities

Agency/Individual	Relevant Activities
JCHD – Deb, Vicki	Serve low income prevention services
Health Partnership – Lauren, Amanda	Serve low income of JoCo through partnerships and collaboration. Pool of eligible – 27,500 individuals
Wy Jo Care - Jacque	Provide access to free medical care. Specialty/Hospital \$4 million per year
Olathe Medical Center – Nicole	All services - Non-profit Hospitals Education
KU School of Nursing, Faith Based Nursing – Gina	65 and older, ELL program (Asian), 23,000 members, Model other faith based systems, Chronic Conditions
SRS – Norm	Children and Families, PD waivers, eligibility for services
Mercy and Truth, Marillac – Arthur	Access Services within own Communities (Memphis Project), Hope Network – approach to faith base, social related issues
United Way – Joan	Money to health programs, enrollment to CHIP, Healthwave, Medicaid

Who should be here, but isn't?

- Faith Community
- More hospital representation
- Disability – JCDS
- Long term care

## **Step 2: Assessing the Landscape**

1. What has happened or failed to happen in Johnson County that makes this significant problem?
  - Diversity of population
  - Growth of population
  - Poverty growth
  - Minute Clinics
  - Changes in HCBS
  - Changes in delivery
  - Health Information Technology
  - Outcome Based
  - Palliative Care/Hospice

2. What do your experience and your research tell you about the problem? Consider why does the problem occur/root causes; who is most effected and why; what resources are currently being directed toward this problem etc.
  - Still in sickness care
  - Volume bases vs. Value based care
  - Delivery/Reimbursement system has not kept up with needs/demands
  - Undocumented care
  - Underinsured
  
3. What does the data tell you about the problem in JoCo? What additional data do you need or want?
  - Opportunity Mapping
  - Getting data to support potential strategies
  
4. What is the history? What have been successes and challenges in addressing this problem in Johnson County in the past? Addressing it in other communities or in the state?
  - Community Education – lots doing a little – Bring it all together
  
5. What realistic changes do you think your team can accomplish to impact the issue within the next 1-2 years? In the next 5 years? (objectives)
  - Develop stronger infrastructure for community resources
  - Reduce Silos = Reduce Barriers
  
6. What, if any, additional information do you need?

### **Substance Abuse/Mental Health**

- Prevention/Early Intervention
- JoCo Residents do not revert to drugs and alcohol use support systems
- Policy Changes – school, local, clean air example
- Education/Anti-stigma
- Limit access to alcohol – at home
- Bullying
- Community Education to learn facts about Mental Health/Substance Abuse to change norms and behaviors
- Consistent uniform application of laws – improve safety

Agency/Individual	Relevant Activities
JoCo Human Services	Outreach for low income families – I&R 65% increase, emergency crisis center, case management follow up. AAA
Regional Prevention Center	Substance abuse prevention. Alcohol/Tobacco/Drugs, presentations/initiatives, kids in transition (out of home placement/youth in court)
United Community Services	Community planning – substance abuse/homelessness, at risk youth – groups/organization for at risk youth, substance abuse/treatment and homelessness, increase risk for MH/SA issues

REACH Health Care Foundation	Grantees MO and KS site 501c3 for folks uninsured/access to quality care, mental health, safety net/oral health, partner with community
JoCo Health	Convening groups, social deterrents of health, epidemiology – research of Public Health causes
Mental Health Center	Direct services – MH/SA

### Who should be here, but isn't?

- MH America
- NAMI
- AA/NA
- Recovering Alcoholic/Drug Addict
- Faith Community
- TLC
- Catholic Charities
- SM Hospital – SA/MH units
- EAPs with Employers
- BCBS
- Farmers Insurance
- Sunflower House
- Marillac
- Two Rivers
- UMKC
- JCCC
- KU

### Step 2: Assessing the Landscape

1. What has happened or failed to happen in Johnson County that makes this significant problem?
  - Reduced financial support for these services
  - Increased number of people seeking services
  - Prevention services
  - Easier access to certain drugs
  - Self medication
  
2. What do your experience and your research tell you about the problem? Consider why does the problem occur/root causes; who is most effected and why; what resources are currently being directed toward this problem etc.
  - Conservative shift across all social/economic categories
  - Lack of coping skills
  
3. What does the data tell you about the problem in JoCo? What additional data do you need or want?
  - Increase substance abuse and mental health
  - Frequently surveillance system in place
  - No data on adults
  
4. What is the history? What have been successes and challenges in addressing this problem in Johnson County in the past? Addressing it in other communities or in the state?
  - Success with tobacco – policy systems change/education
  - A lot of providers for MH/SA
  - Perception of JoCo as already healthy/no needs

- That we already have access to them. Perception that keeping taxes is the same is important
5. What realistic changes do you think your team can accomplish to impact the issue within the next 1-2 years? In the next 5 years? (objectives)
- Support public officials with information for decision making.
  - Provide info to the community about SA/MH
  - Look for policy to change
  - Work with 3 major corporations to support MH/SA
- 5 years – measurable way to measure things we can't now measure. Advocate for additional staff
6. What, if any, additional information do you need?